

The RASCAL Register

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Holiday Social December 5, 2019



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My Holy Land Trip - January 2020 by Gail Bryan

I took the trip of a lifetime in January visiting both Israel and Jordan. We flew into Tel Aviv, Israel and went first to the area of the Sea of Galilee. We stopped at **Nazareth**, and went in the Church of the Immaculate Conception. The church was built over the house where Mary lived and was presumed to have been visited by the angel to tell her she was to give birth to Jesus.



Church of the Immaculate Conception & Door



The room where the angel visited Mary and a sculpture donated by the USA of the Immaculate Conception - Sculptor Charles L. Madden

At the **Sea Of Galilee**, we went to the **Church of the Beatitudes** where a Jesus preached his Sermon on the Mount. It overlooked the Sea. Near the church was a building that held a boat that was discovered when the sea's coastline receded. The boat is estimated to be 2000 years old with a question, "Was this a boat that Jesus used?" We then took a boat ride on the Sea of Galilee.



Magdala, discovered and unearthed in 2009, is believed to be where Mary Magdalene was born. It has a stone carved with a seven-branched menorah. A new chapel has the story of Jesus and a boat in a window that overlooks the Sea of Galilee. The ruins of the synagogue are there.



Capharnaum has the ruins of the home where Jesus lived with a church built over the top. The Synagogue where Jesus preached is there.



Qumran National Park is the site where some of the Dead Sea Scrolls were found. One picture shows the cave where some were found and the layout of the area.



Bethlehem - We were a lucky group who got to go into Bethlehem. Our tour guide did not go with us as she was Jewish and not safe there. She had a Christian living in Bethlehem guide us while there. We went into the Church of Nativity where you had to bow to get in and a factory carving wood figures. This machine is carving baby Jesus.



Gloria in Excelsis Deo - We went to the chapel built over the area where the shepherd were watching over their sheep when they saw the angel and star overhead that was announcing the birth of Jesus. Paintings in the chapel were scenes of the birth. This one is of the shepherds.



Jerusalem - Our 1st look at the city was from the Mt. of Olives. It shows the temple and the city walls. Inside the city walls is the steps where Jesus probably preached, the Wailing Wall (Western Wall) and prayers written on paper stuck in the cracks.



Church of the Holy Sepulchre - In the Christian quarter of the Holy City, it contains a statue of Jesus on the cross & the anointing stone. This is where Catholics feel Christ was crucified. In the area also are the stations of the cross and the place where Jesus was brought to trial; which was outdoors at the time. The floor contains the original stones.



The Garden of Gethsemane and the Garden Tomb, where Protestants feel Jesus Body was buried and inside the tomb. The Church of All Nations is next to the Garden.



The City of David - Old city walls and original piles of stones and tunnels to enter with an impressive modern entrance gate with David's harp.



Church of St. Peter - Outside is a statue depicting Peter's denial of Christ before the cock crows 3 times, An original roadway where Jesus may have walked, and a plaque along with the church.



Jerash, Jordan - It contains Roman ruins and Hadrian's Arch.



Petra, Jordan
Several shots in the area.



This is just a small sample of my pictures. You are invited to visit my website, if you'd like to see more.

<https://gail-bryan.smugmug.com/Vacation/HolyLand20201>

Notifications Upon Death Of Retirees

The following are current instructions for survivors of Sandia retirees:

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My family member was a retiree from Sandia and passed away. What do I need to do?

Brief Description

Provides direction for the family of a retired Sandian in the event of their passing

Content Eligibility

All employee, retirees, and survivor annuitants

Answer

If you have lost a loved one, we at Sandia extend our condolences.

You should notify HR Solutions at 505-284-4700. HR has a representative to assist you.

The following are suggested steps and information about benefits procedures for a family member of a sandia retiree:

- After Sandia receives notice, a Sandia representative will provide notice to Prudential Retirement Services to stop future annuity payments. Any pension benefits the retiree receives will cease the month following the date of death. (The pension amount for the month in which the retiree passes will not be affected.) In the event any annuity payments are made to the participant's account after the month the retiree dies, Prudential will reclaim any overpayments by contacting the retiree's bank or their estate administrator.
- Sandia will provide information to you, the eligible beneficiary(ies), regarding benefits that are payable as a result of the retiree's passing.
- Sandia must receive a certified copy of the death certificate before paying any benefits due to you.
- If life insurance is available, Sandia will initiate a claim with Prudential Life Insurance. Prudential will then contact you directly to obtain information required to process the claim.
- If the retiree had voluntary supplemental life insurance coverage through MetLife, you should contact MetLife Customer Service at 866-492-6983 to submit a claim.
- Sandia will notify Via Benefits of the retiree's passing, in order to stop any health insurance benefits. You should refer to the Sandia Health Benefits Plan for Retirees Summary Plan Description for more information about the process.

If there is a surviving spouse of a deceased retiree:

- That spouse may be eligible for continued health insurance starting from the first of the month after the retiree passes away. Via Benefits will contact you, the surviving spouse, within 14 business days after Sandia provides notice of death to assist the spouse with surviving spouse coverage.
- For Surviving Spouse premium questions, you should refer to Via Benefits for assistance.
- Surviving Spouses are only eligible for Sandia Total Health medical coverage. If you are a surviving spouse and would like to continue the Sandia Dental, you can do so with COBRA. A COBRA packet will be sent to you.
- If you remarry, you are no longer eligible for the Retiree Health Benefits and cannot add your new spouse to the plan. If you are Dual Sandians, please contact HR Solutions.
- If the retiree has a 401(k) balance in the Sandia Savings and Income Plan, please contact Fidelity's Beneficiary Qualification Services directly to initiate a service request. Fidelity's beneficiary qualification services will contact you about your distribution options, and the value of the 401(k) inherited. Fidelity will process the transfer of the 401(k) inherited after you supply all requested documents.

Benefits procedures for named survivor's death:

The following are suggested steps and information about benefits procedures for a retiree following their named survivor's death:

- If the retiree elected a survivor annuity at the time of retirement, upon receipt of a copy of the death certificate, Sandia will initiate a popup annuity effective the first of the month following the named survivor's date of death.
- Sandia will provide information to the retiree about how to update you on any remaining benefits applicable.
- If the named survivor is also the retiree's spouse, Sandia will notify Via Benefits of the named survivor's passing, in order to stop any health insurance benefits. You can refer to the Sandia Health Benefits Plan for Retirees Summary Plan Description for more information about this process.

Additional Resources

- Contact:
HR Solutions: 505-284-4700

MetLife Customer Service: 866-492-6983

Via Benefits: 1-888-598-7809 (TTY:711)
- Related documents:
Sandia Health Benefits Plan for Retirees Summary Plan Description
https://ebview.com/pdfgenerator/ViewPdf/Sandia/2019/2019_Retiree_SPD_FNL.pdf

Recent Deaths:

<u>Name</u>	<u>Date</u>
Robert May	08-19-19
Darlene West	09-29-19
Doyle Baker	10-04-19
Dwight Soria	10-20-19
Barbara Carter	10-29-19
Louise Converse	11-04-19
Gerald Strandin	12-26-19
Marv Glaze	Jan 2020
Paul Heppner	01-23-20
Tim Marino	02-26-20
Gene Angvick	03-08-20
Roger Busbee	04-10-20
Barry Green	05-03-20

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*Thank You*

A big thank you to the RASCALS that have contributed articles and photos for the newsletter. Actually, we received articles that would not fit in this issue. Unheard of, but very appreciated. Stay tuned for the next issue. Keep them coming!