

The RASCAL Register

November 2020

Issue 52

Hi from the Pages



After Jorene retired we started to think about what we might like to do when we grew up. We did a lot of traveling back and forth to New York and Florida visiting family, for several years looking around at places we might like. In fact right after Rodger retired, he and Corey Knapp drove to Florida playing golf along the way, then Corey got on a plane so he could go back to work and Jorene flew in to Tampa the same day and we visited Rodger's Mother for a week or so, then we drove up the east coast to Binghamton, New York to visit Jorene's Mom, and stayed the summer at a family cottage in Pennsylvania, then late in the summer came back to Livermore.

Rodger and Corey made another trip two years later going from Livermore to Newark, NJ where again Jorene met Rodger, staying the summer then home. We had visited Del Webb Communities in AZ and in Las Vegas and liked what we saw, then all of a sudden, Del Webb built their first community in Northern California in Roseville and we were smitten as they say. We were there for 20 years, but had been thinking of something like this for number of years. Several years ago we did go to a presentation on Stoneridge Creek in Pleasanton and but even then thought it was going to be pricey. We also looked at

Heritage in Livermore and liked it. In fact, we had some neighbors that moved there a few years ago. About 10 years ago, the California Masonic Fraternity opened Acacia Creek and another neighbor moved here then and has really liked it. I am a Mason, for 54 years, and that was some of the draw, but our son Joe, lives in Fremont, just down the street. and that has also been part of the motivation. We finally made the decision last December, and then, well you all know what we have all endured. We moved in April 1st, really good timing!!! And have only seen Joe across the car hood when he delivers our groceries, but even that has been a joy.

Right now we get 3 meals a day, delivered to our apartment, and they are pretty good. We have been apartment bound pretty much, but the fitness center and pool are open and the staff has really worked hard in trying to keep us entertained. And probably being tied down has let us entertain ourselves putting things away and getting organized.

As to the move. stuff is right. We moved once in Livermore, then to Sun City in Roseville, each time to a bigger place. Then we moved here to a place about the size of our 1st house in Livermore. Wow, did we have to pitch stuff!

Anyway, we are here, the house in Sun City is in escrow, and I would hope, only one LAST MOVE to make.

Hope to see some of you soon at something.
All the best,
Rodger and Jorene

Granite Bay, California

*By Lou Selder
Plant Engineering
1964-1988*

We love living in Granite Bay. Granite Bay is an unincorporated area in Placer County, 35 minutes northeast of downtown Sacramento at the base of the Sierra foothills. It is between the eastern border of the City of Roseville and Folsom Lake.



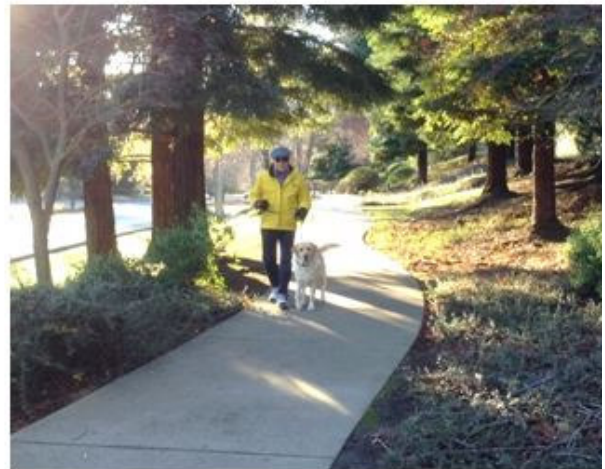
According to Niche.com, "It is one of the best places to live in California." We agree.

The Granite Bay Community Association states that "The community boasts of a very high quality of life due to its great location, sound community plan, first rate schools, numerous churches, a low crime rate, and excellent recreation opportunities. The community is home to some of the Sacramento area's finest and most exclusive homes."



Granite Bay is a beautiful area with rolling hills, a rural feeling, and wide scenic parkways, walkways, and corridors that are beautifully landscaped with lush forests, streams, and lakes.

Scenic East Roseville Parkway in Granite Bay



Wildlife is abundant here with ducks, geese, swan, turkeys, deer, and more. There are charming family neighborhoods, country estates on large horse parcels, and upscale guard gated communities. Granite Bay High School is rated A+ and the K12 school district is rated A-. There are many recreational activities at community parks, beautiful Granite Bay Golf Course, and boating, fishing, swimming, hiking, biking, and camping at Folsom Lake.

We moved to Granite Bay in 1993 when development of new residential areas was underway. We bought our parcel in the gated community of Hillsborough and hired a contractor to build our dream home.

Our Home



It is a short walk from our home to the Johnson Ranch Racquet and Sports Club, which is a major

regional tennis center. We have enjoyed many years of tennis, exercise, swimming, and partying at the club. Granite Bay High School is also nearby. We walk there to watch the marching band practice and the Grizzlies football home games.

We have easy access to all the modern amenities in the adjacent City of Roseville including major medical, business and shopping centers, restaurants, recreational facilities, and much more.

We have many good friends and neighbors here.

So, now you see why we love living in Granite Bay.

We plan to live here happily ever after.

Lou and Elsa Selder



**Lou, Elsa, and Brody
Christmas 2019**

Notifications Upon Death Of Retirees

The following are current instructions for survivors of Sandia retirees:

Published 09/01/2019 12:59 PM Updated 04/29/2020 03:11 PM

My family member was a retiree from Sandia and passed away. What do I need to do?

Brief Description

Provides direction for the family of a retired Sandian in the event of their passing

Content Eligibility

All employee, retirees, and survivor annuitants

Answer

If you have lost a loved one, we at Sandia extend our condolences.

You should notify HR Solutions at 505-284-4700. HR has a representative to assist you.

The following are suggested steps and information about benefits procedures for a family member of a sandia retiree:

- After Sandia receives notice, a Sandia representative will provide notice to Prudential Retirement Services to stop future annuity payments. Any pension benefits the retiree receives will cease the month following the date of death. (The pension amount for the month in which the retiree passes will not be affected.) In the event any annuity payments are made to the participant's account after the month the retiree dies, Prudential will reclaim any overpayments by contacting the retiree's bank or their estate administrator.
- Sandia will provide information to you, the eligible beneficiary(ies), regarding benefits that are payable as a result of the retiree's passing.
- Sandia must receive a certified copy of the death certificate before paying any benefits due to you.
- If life insurance is available, Sandia will initiate a claim with Prudential Life Insurance. Prudential will then contact you directly to obtain information required to process the claim.
- If the retiree had voluntary supplemental life insurance coverage through MetLife, you should contact MetLife Customer Service at 866-492-6983 to submit a claim.
- Sandia will notify Via Benefits of the retiree's passing, in order to stop any health insurance benefits. You should refer to the Sandia Health Benefits Plan for Retirees Summary Plan Description for more information about the process.

If there is a surviving spouse of a deceased retiree:

- That spouse may be eligible for continued health insurance starting from the first of the month after the retiree passes away. Via Benefits will contact you, the surviving spouse, within 14 business days after Sandia provides notice of death to assist the spouse with surviving spouse coverage.
- For Surviving Spouse premium questions, you should refer to Via Benefits for assistance.
- Surviving Spouses are only eligible for Sandia Total Health medical coverage. If you are a surviving spouse and would like to continue the Sandia Dental, you can do so with COBRA. A COBRA packet will be sent to you.
- If you remarry, you are no longer eligible for the Retiree Health Benefits and cannot add your new spouse to the plan. If you are Dual Sandians, please contact HR Solutions.
- If the retiree has a 401(k) balance in the Sandia Savings and Income Plan, please contact Fidelity's Beneficiary Qualification Services directly to initiate a service request. Fidelity's beneficiary qualification services will contact you about your distribution options, and the value of the 401(k) inherited. Fidelity will process the transfer of the 401(k) inherited after you supply all requested documents.

Benefits procedures for named survivor's death:

The following are suggested steps and information about benefits procedures for a retiree following their named survivor's death:

- If the retiree elected a survivor annuity at the time of retirement, upon receipt of a copy of the death certificate, Sandia will initiate a popup annuity effective the first of the month following the named survivor's date of death.
- Sandia will provide information to the retiree about how to update you on any remaining benefits applicable.
- If the named survivor is also the retiree's spouse, Sandia will notify Via Benefits of the named survivor's passing, in order to stop any health insurance benefits. You can refer to the Sandia Health Benefits Plan for Retirees Summary Plan Description for more information about this process.

Additional Resources

- Contact:
HR Solutions: 505-284-4700

MetLife Customer Service: 866-492-6983

Via Benefits: 1-888-598-7809 (TTY:711)
- Related documents:
Sandia Health Benefits Plan for Retirees Summary Plan Description
https://ebview.com/pdfgenerator/ViewPdf/Sandia/2019/2019_Retiree_SPD_FNL.pdf

From the Lab News:

LABNEWS Notes

EDITOR'S NOTE: Lab News welcomes guest columnists who wish to tell their own "Sandia story" or offer their observations on life at the Labs or on science and technology in the news. If you have a column (500-800 words) or an idea to submit, contact Lab News editor Tim Deshler at tadeshl@sandia.gov.

THE END OF AN ERA

AFTER MORE THAN 70 YEARS, THE LAB NEWS PRINT EDITION IS COMING TO AN END!

FINAL PRINT ISSUE
DEC. 4, 2020

GREAT NEWS

YOU CAN STAY CONNECTED WITH US!
THE LAB NEWS WILL CONTINUE TO BE PUBLISHED ONLINE

VISIT
SANDIA.GOV/LABNEWS
NOW TO SUBSCRIBE

AND HAVE EACH BIWEEKLY ISSUE
DELIVERED TO YOUR INBOX!

THANK YOU FOR READING!



Memories:

2007

2005



Harriett Skoog, Judee Bohrer,
Hal Norris, Jim Muir



Lois Strandin, Pat Miller,
Christie O'Shea

More from the Lab News:

Retirees

Open Enrollment dates

Pre-Medicare: Oct. 15-Nov. 13
Medicare: Oct. 15-Dec. 7

Open Enrollment is going virtual. This year, instead of in-person benefits fairs, you can find everything you need online at SandiaRetireeBenefits.com. Watch the video presentation to learn what you need to know about choosing your 2021 benefits.

What is changing

The changes listed below are effective Jan. 1, 2021:

Pre-Medicare retirees:


- Pre-Medicare premiums will increase.
- The Pre-Medicare provider networks for United Healthcare and Blue Cross Blue Shield of New Mexico are changing. The BCBSNM Sandia Health Partner Network will change to

the NM Blue Preferred Plus Network. UHC is adding a new benefit tier called the Choice Plus Premium Network.

- The in-network virtual visit copay for BCBSNM and UHC will be \$10 (a decrease of \$25 from 2020).

Medicare retirees:

- The allowance for Your Spending Arrangement will increase.
- Premiums will change for Sandia-sponsored Group Medicare plans.
- **New!** The UHC Sandia Group Medicare Advantage plan will be available to all Medicare-eligible retirees, spouses, dependents, surviving spouses and long-term disability termines nationwide. The New Mexico residence restriction has been removed.
- For Pre-2012 Medicare retirees, premiums will change for Sandia-sponsored Medicare plans.

Details about Sandia retiree plans and Via benefits can be found in the 2021 Benefit Choices and Open Enrollment Guides, available online at SandiaRetireeBenefits.com. 



More Memories:

2010



Gail Bryan, Joe Treml, Marge Mederios, Connie and Ray Baldonado

2012



Gordon Van Gundia, Marv Loll

Recent Deaths:

<u>Name</u>	<u>Date</u>
Ron Hafner	05-06-20
Dorothy Wiemken	05-17-20
Jerry Huntting	06-02-20
Ralph Cozine	06-10-20
Jack Merideth	06-28-20
Barry Schrader	06-30-20
William Hobson	07-17-20
Don Putz	08-09-20

RASCAL Board Members:

Chair:	Marie Dremalas
Secretary:	Bonnie Ladd
Treasurer:	Roger Everett
Database/Distribution:	Jim Muir
	Glenda Muir
Historian:	Gail Bryan
Newsletter Editor:	Bernie Marx
Member-at-Large:	Jim Bartel



Thank You

A big thank you to the RASCALS that have contributed articles and photos for the newsletter.

AND, as we're sure you have suspected, we will NOT be having our Annual Christmas Social.

The rules established by the CDC and Governor Newsom prohibit our kind of gathering.

We hope your Holidays are most pleasant.

Be safe and well.

Now go wash your hands.