

The RASCAL Register

April 2015

Issue 38

RASCAL Picnic

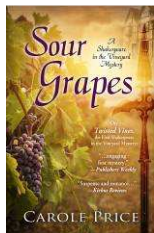
Retzlaff Winery
1356 South Livermore Avenue
Livermore, CA

June 16, 2015
11:00 a.m. - 2:00 p.m.

The cost is \$25.00 per person. We are accepting payment now. Please make checks payable to RASCALS and remit to:

RASCAL
P. O. Box 18
Livermore, CA 94551

BBQ'd Chicken and Pork Spareribs will be on the menu. As the date of the Social draws near, additional information will be provided.



By Carole Price

SOUR GRAPES, the second book in my Shakespeare in the Vineyard mystery series, was released by Five Star Publishing on October 22. Although part of a series, each book can be read as a standalone.

Caitlyn Pepper and Navy SEAL Royal Tanner (RT) return for another adventure of murder and mayhem. As the next Shakespeare festival is about to start at

the Elizabethan and Blackfriars theaters, Cait is awakened during the night by the security alarm. When ADT arrives the following morning, the technician finds two pieces of evidence outside under a window: a military combat knife and a halberd, a weapon used in Elizabethan times. Before Cait calls Livermore Police Detective Rook, she takes the knife inside and examines it close to the lights mounted beneath the kitchen cabinets. Here's a short excerpt from the book:

Cait's gaze dwelled on the initials "HD" etched into the three-inch steel blade. A knot tightened in her stomach. "Impossible," she blurted. The knife slipped from her hand and pinged against the granite counter. A slow burn rose in her chest. *But what if—*

The wall clock struck ten, jarring Cait from her thoughts. She reached across the counter for her cell phone and called Detective Rook. Cait appreciated the friendship that had developed between her and the detective during the investigation into murders at the estate a couple of months ago. After another hard look at the knife, she went down the hall and into the gift shop to examine the windowsills, but found no damage on the inside But Cait's anxiety was the knife and what the HD initials meant to her personally.

He's dead. I know, because I shot him.

I had a book signing on December 11, at the Double Barrel Wine Bar in downtown Livermore. I was invited to do an event

there in 2012 when *Twisted Vines* was released, and had so much fun I decided to do it again.

My books are available on Amazon, Barnes & Noble, and in local bookstores and libraries. My daughter Carla recently updated my website at:

<http://www.carolepricemysteries.com>.

I write a blog twice a month at:

www.theladykillers.typepad.com.

I can also be found at:

<http://facebook.com/carolepricemysteries>.

I am currently working on *Prey in the Vineyard*, the next book in my series.

Greek Isles and Black Sea Cruise - October 2014

By Gail Bryan

Two Sandians went on this SIRS-sponsored trip; Chuck Hartwig and me, Gail Bryan. We first spent 3 days in Istanbul where on the first morning Chuck found a friend.



Turkey appears to have an abundance of stray cats. Most of them want a little attention. Highlighted sites included The Blue Mosque with the foot-washing stations before entering, and Sophia's Mosque. We also visited the Roman Cistern, Topkapi Palace, and Rumeli Fort.



The Blue Mosque



Foot-Washing Station



Gail Overlooking Istanbul

After boarding the ship our first port was Burgas, Bulgaria. It's a small town with quaint shopping area and gardens.

Our next port was Constanta, Romania. The old Casino is the most picturesque building that is used for promoting the city. It is right on the Black Sea. Ovidiu's Square contains the statue of the Roman poet, Ovidius Publius Naso.



The Casino in Constanta

Trabzon and Sinop, Turkey located on the north coast of Turkey were our next stops. They were added after two stops in Ukraine were cancelled. Trabzon included the Ataturk home built in 1890 by a Greek merchant and used by President Ataturk, the founder of the

Republic of Turkey. Hagia Sophia Church is also located in Trabzon. It had some very impressive Frescoes.



President Ataturk's Home in Trabzon



Sophia Mosque in Trabzon



Fresco in Sophia Mosque

Sinop was also a quaint walled city. They honor their native born philosopher, Diogenes who died in 323 BC.



Statue of Diogenes

Our next port was Mykonos, Greece. This was near the top of my favorite stops. The city is white with narrow streets and shops. It reminded me a bit of Carmel, CA. The old windmills here are quite the attraction.



A Church in Mykonos



The Windmills in Mykonos

From Mykonos some of us took a ferry ride to the island of Delos where the most mythological, historical and archaeological ruins in Greece are located.



Delos Ruins

Our next stop was Athens, Greece. It certainly was quite a climb up the steps to the Parthenon and all the buildings included in the Acropolis.



The Acropolis



The Parthenon

And last but not least was the highlight for me, a visit to Ephesus, Turkey. We also visited St. John’s Church and tomb and the home where the Virgin Mary supposedly spent her last days after the death of Jesus.



Gail in Ephesus



The Tomb of St John in the Church of St. John



The home of St. Mary

Then a final return to Istanbul for our flight back to CA.

Free Medical Screening Available for Former Sandia-California Workers

The Worker Health Protection Program (WHPP) provides free medical screening to former workers of Sandia-CA National Laboratory. You are eligible to participate if you worked at the Lab cumulatively for at least one year or if you worked there for any period of time in construction or maintenance.

The purpose of the screening program is to identify potential long-term health conditions that may be related to your work and to provide personalized recommendations for follow-up as needed. The screening may identify a new health condition, confirm an existing one, or help relieve concerns about previous exposures. The specific hazards screening addresses include: asbestos, beryllium, lead, lasers, laser dyes, loud noise, silica, solvents, and radiation.

Screening sites are located at Kaiser Permanente locations throughout the Tri-Valley area. Your results will be reviewed by occupational medicine physicians at Queens College of the City University of New York (QC) and their findings may be helpful should you submit an Energy Employees Occupational Compensation Program (EEOICP) claim.

This program has been developed and is operated by independent health professionals at QC. To date, over

2,300 workers from Lawrence Livermore, Sandia-CA, and Lawrence Berkeley National Laboratories and over 30,000 former Department of Energy (DOE) workers nationwide have been screened through WHPP. The program does not provide any information that will identify you personally to the DOE, the Department of Labor or the Labs without your consent.

To learn more about the program and to schedule your appointment, call toll-free at 1-866-460-0628 or contact Eileen Montano locally at (925) 321-3637. You can also visit our website www.worker-health.org. This medical screening program is available for former workers only.



For Information and to Contact Sandia Health, Benefits, and Employee Services (HBE):

HBE Customer Service Phone:
(800) 417-2634, ext. 844-4237 or 505-844-HBES(4237)

HBE Customer Service Web Site:
<http://hbe.sandia.gov>

OneExchange:
1-888-598-7809
medicare.oneexchange.com/sandia
(Extend Health became OneExchange on February 15, 2014)

Thank You

We want to thank all of you who have contributed articles and photos on your vacations, hobbies, moves to new locations, and other informative subjects. We really appreciate your excellent contributions to the Newsletter. Keep them coming!

Retirees Association of Sandia

If you know of a Sandia retiree who is not a RASCAL, please forward this enrollment information to them: New RASCALS, please let us know if you are interested in receiving the newsletter. If you have email, please provide your email address. If not, please give us your mailing address. Send this information, along with your \$5.00 yearly dues or \$50.00 lifetime dues to Retirees Association of Sandia/CAL, (RASCAL), P.O. Box 18, Livermore, CA 94551. If you would like to transfer funds from your SLFCU account, please contact our treasurer, Roger Everett at: roger.everett@sbcglobal.net

And to all retirees: If you have a newsworthy article to share you can either contact us by email at casandians@gmail.com or by mail at RASCAL, P.O. Box 18, Livermore, CA 94551. Possibilities include: great vacations you have taken and would recommend to others, problems you have incurred since retirement that you would like to share with new retirees, and suggestions about what you might like to see included in the newsletter.



Recent Deaths:

<u>Name</u>	<u>Date</u>
Dale Irving	1-24-15
Dick Demo	2-04-15
Gayl Tschritter	3-04-15
Albert Wiemken	3-09-15
John Rogers	3-18-15

RASCAL Board Members:

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Historian:	Gail Bryan
Newsletter Editor:	Bernie Marx
Member-at-Large:	Jim Bartel